

## REACT ACT PREVENT

The aim of the project is to provide youth NGOs with innovative comprehensive tools and means, to successfully and effectively adopt, plan, and implement prevention policies, strategies, programmes and practices aiming to combating sexual violence against children, adolescents and youth, based on primary prevention approaches including information sharing, awareness raising, education, training, networking and cooperation, using non-formal learning tools and methods.

Activities implemented so far:

IO1: Primary & Secondary Research,

IO2: Speak4No Challenge

IO3 & IO4: Development of modules

1st Transnational meeting in Cyprus 2nd Transnational meeting in Poland





#### SOCIAL POLICY AND ACTION ORGANIZATION

The Social Policy and Action Organization, a non-governmental, not-for-profit organization (reg. no. 4146) has been established in Cyprus in August 2014. The primary cause of the Organization is to work towards the enhancement of quality of life of citizens and human welfare, with special emphasis on groups with fewer opportunities, covering all social policy related areas in Cyprus.

The Organization through its work actively supports and promotes the core principles of quality of life, thus being Human Well Being, Education, Health, Employment, Family, and Social Protection/Socialization.

The activities of the Organisation are designed under two pillars:

- A) Development of social policy recommendations related to different social issues of common concern.
- B) Design and implementation of Actions, Projects and Programmes targeting specific social problems, aiming at combating or reducing negative societal challenges or consequences.



#### UNITED SOCIETIES OF BALKANS (U.S.B.)

nited Societies of Balkans (U.S.B.) is a non-profit, non-governmental organization based in Thessaloniki, Greece working in the field of youth mobility, participation and facilitating youth awareness about social issues.

It was founded in 2008 by the inception of a group of active young people who wanted to address the social issues which affect the youngsters in the Balkans and Eastern Europe. The vision of the organisation is the promotion of youth mobility, youth involvement and participation, voluntarism and human rights.

#### **Activities**

Key areas of the organization's activities concern the defence of human rights, the organization of youth related projects such as youth exchanges and training courses, which can bring young people from Balkans and Europe together, and the organization of local interventions, seminars and multimedia productions. It envisions a global and inclusive society, where citizens are equally empowered to contribute in the shaping of a world with less prejudice, discrimination and other forms of injustice.



# THESSALONIKI

Thessaloniki is the second biggest city in Greece and a very important city for the whole Balkan Peninsula. It's a youth city and known for the food, nightlife and culture (It was the European Capital of Culture in 1997 and European Youth Capital in 2014).

Thessaloniki is a major center of education for Greece. Two of the country's largest universities are located in central Thessaloniki. The city's total student population is estimated around 200,000 – 250,000, meaning that 1/4th of total population are students aged less than 30 years old.

The city has long been known in Greece for its vibrant city culture, including having the most cafes and bars per capita of any city in Europe; and as having some of the best nightlife and entertainment in the country, thanks to its large young population and multicultural feel. Lonely Planet listed Thessaloniki among the world's "ultimate party cities".



Thessaloniki is not only regarded as the cultural and entertainment capital of northern Greece but also the cultural capital of the country. During each year, Thessaloniki hosts significant cultural and commercial festivities, such as the Thessaloniki International Fair, the International Thessaloniki Film and Documentary Festivals and the International Book Fair.

More information about Thessaloniki can be found at:
https://en.wikipedia.org/wiki/Thessaloniki
https://www.lonelyplanet.com/greece/northern-greece/thessaloniki
http://use-it-thessaloniki.gr/



### HOW TO REACH THESSALONIKI!

One can reach Thessaloniki by plane, train, bus, car or boat.



Thessaloniki International Airport "Macedonia" (SKG) is located 13 km south from the centre of Thessaloniki at Thermi. It is the main airport of Northern Greece and serves the city of Thessaloniki (the second-largest city in Greece), the popular tourist destination of Chalkidiki and the surrounding cities of the region. It serves many international and national flights, to many major cities in Europe. Moreover it is a hub for Hub for Aegean Airlines, Astra Airlines, Ellinair and Ryanair which dominates the airport in recent years and has many low cost flights to Germany, Italy, UK, Cyprus, Spain, Poland, etc.

The airport is served on a 24-hour basis by Thessaloniki Urban Transport Organization (OASTH); To downtown Thessaloniki please take bus number X1 and N1(night bus) which stops also in many places in the centre of Thessaloniki (such as Aristotle square). The bus from/to the airport is starting every 20-30 minutes and it lasts 30-40 minutes (depending on the traffic). The single ticket from or to the airport costs 2 euro (1 euro discounted for Students, large-family members, persons aged over 65 yrs, persons with over 67% disability).

## TRANSPORT IN THE CITY

Public transport in Thessaloniki is served by buses. The bus company operating in the city is the Thessaloniki Urban Transport Organization (OASTH) and is the only public means of transport in Thessaloniki at the moment.



SINGLE TRIP TICKET: 1 euro (0,50 euro for Students, large-family members, persons aged over 65 yrs, persons with over 67% disability) TWO-TRIP 70-MINUTE TICKETS: 1,20 euro (0,60 euro discounted) THREE-TRIP 90-MINUTE TICKETS: 1,50 euro (0,80 euro discounted) FOUR-TRIP 120-MINUTE TICKETS: 2 euro (1 euro discounted) CULTURAL ROUTE & MACEDONIA AIRPORT EXPRESS TICKETS: 2 euro (1 euro discounted).

## **TAXIS**

Taxis in Thessaloniki can be found everywhere in the city or to designated areas on central streets where they are parked. In Thessaloniki they have a dark blue color. Most of the taxi drivers speak English and they give receipts (if they you ask them). It is a reliable means of transport and relatively cheap comparing with the rest of Europe (for example trips inside the city can vary from 4-6 euro, or trips from/to the airport have fixed price.).

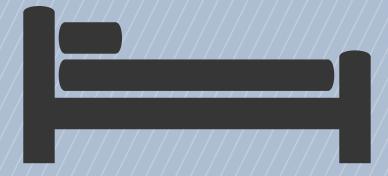
# ACCOMONDATION

Accommodation will take place in Egnatia Palace Hotel & Spa, Egnatia 61, 🎓 +30 231 022 2900, art deco style hotel, website: egnatiapalace.gr

Participants will stay in twin/double room and breakfast will be provided there..

The hotel is situated in the heart of the city centre, above Aristotle Square (the central square of the city).

To reach the hotel from the airport, just take **X1 bus** from the airport and step out at bus stop **Platia Aristotelous** (Aristotle Square). There is an announcing system in the buses. The bus takes around 30' from the airport to arrive in the centre.



## FOOD



Greeks consider Thessaloniki as a gourmet city - but bear in mind that this refers to the excellent local specialities and cheap-and-cheerful ouzo taverns rather than to haute cuisine or a range of foreign restaurants. Due to the fact that Thessaloniki remained under Ottoman rule for about 100 years more than southern Greece, it has retained a lot of its Eastern character, including its culinary tastes. Spices in particular play an important role in the cuisine of Thessaloniki, something which is not true to the same degree about Greece's southern regions.

As regards to our common dinners or lunches, U.S.B. will arrange bookings in restaurants according to the tastes and food preferences of the participants in the city centre.



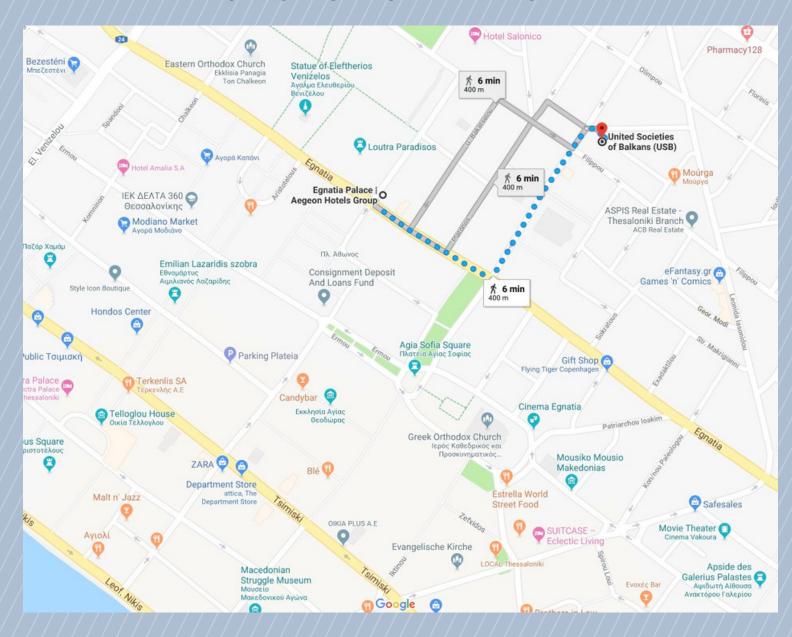
# MEETING PLACE

The meeting will take place at our premises:

Balkan heart - United Societies of Balkans (U.S.B.)
Alexandrou Delmouzou 8, Thessaloniki 546 35
Tel: +30 2310215629

The area where the office is situated is in the city centre of the city.

#### https://goo.gl/maps/Mf66ehTkjnN2



## Participants

Organisation	Representative
United Societies of Balkans	Aris Paraschou Ioannis Tsilsou
	Louiza Tsikala
Social Policy Action Organisation	Ifigenia Katshie
A20 200	Maria Kalogirou-Katshi
Asociación Building Bridges	Maria Espinosa Castaneda
	Laura Garcia Lopez
Health related Organization for	Piotr Jaros
Promotion and Prevention (HOPP)	Martyna Jaros
D'Antilles & D'Ailleurs	Julia Feist
	Lola Ott

## Draft Schedule

Friday 9th of November	
12:00-21:40	Arrivals & check in at the hotel
21:30	Dinner in a tavern
Saturday 10th of November	
10:00 – 11:30	Meeting
11:30 - 12:00	Coffee break
12:00 - 13:30	Meeting
14:00 - 15:00	Lunch
15:30 – 17:00	Meeting
17:00 – 17:30	Coffee break
17:30 – 18:30	Meeting
18:30-20:30	Walk
20:30	Dinner
Sunday 11th of November	
10:00 - 11:30	Meeting
11:30 - 12:00	Coffee break
12:00 – 13:30	Meeting
14:00 - 15:00	Lunch
15:30 - 17:00	Meeting
17:00 - 19:00	Cultural walk in the city of Thessaloniki
20:30	Dinner
Monday 12th of November	
Departures	

# See you in Thessaloniki!





Erasmus+